


Virginia Regional Ballet Academy

2010-2011 Class Schedule

MONDAY	
STUDIO I	STUDIO II
1:30-2:30 Intro to Dance (returning)	11:00-11:45 (3y-5y) Radiant Child Yoga
2:30-3:30 Beg Ballet for Homeschoolers	
4:30-5:30 Year 1 Ballet 1	4:30-5:30 Tap 1A/2
5:30-7:00 Ballet 3	5:30-6:30 Jazz 2
	6:30-7:30 Adult/Teen Tap
7:30-8:30 Beg Adult/Teen Ballet	7:30-9:00 Contemp/Lyrical**

TUESDAY	
STUDIO I	STUDIO II
9:30-10:15 Mommy & Me <small>(9/21-11/23, 1/25-3/29)</small>	10 AM, 11 AM Music Together*
10:30-11:30 Intro to Dance (new)	
4:30-5:30 Ballet 1A	4:30-5:30 Pre-Ballet
5:30-6:30 Ballet 2	5:30-7:00 Jazz 3
6:30-8:00 Int/Adv Ballet Pointe	7:00-8:00 Int Tap
	8:00-9:00 Adult/Teen Jazz

WEDNESDAY	
STUDIO I	STUDIO II
	8:15-9:00 9:15-10:00 Zumba
1:30-2:30 Intro to Dance (new)	11:00-11:45 (3y-5y) Radiant Child Yoga
4:30-6:00 Ballet 3	10 AM, 4 PM, 5 PM Music Together*
6:00-7:00 Character 2/3	6:00-7:00 Year 2 Ballet 1
7:00-8:30 Int & Int Adult Ballet	7:00-7:45 Zumba*

THURSDAY	
STUDIO I	STUDIO II
9:15-10:00 Mommy & Me <small>(9/16-11/18, 1/27-3/31)</small>	9:00-9:45 10:00-10:45 Zumba*
10:00-11:00 Intro to Dance (returning)	
4:30-5:30 Ballet 1A	4:30-5:30 Character 1 (new)
5:30-7:00 Ballet 2	5:30-6:30 Beg. Pointe
	6:30-8:00 Int/Adv Ballet Pointe
7:00-8:00 Dance for Boys Only	

FRIDAY	
STUDIO I	STUDIO II
	8:15-9:00 9:15-10:00 Zumba
10:15-11:15 Adult Ballet	
4:30-6:00 Int/Adv Ballet Ballet 3 by Invitation	4:00-4:45 (3y-5y) 5:00-5:45 (6y-8y) Radiant Child Yoga
	6:00-8:30 Rehearsal
	6:00-6:45 Zumba*

SATURDAY	
STUDIO I	STUDIO II
9:30-10:30 Intro to Dance	9:30-10:30 Tap 1
10:30-11:30 Pre-Ballet	10:30-11:30 Jazz 1
11:30-12:30 Year 2 Ballet 1	11:30-12:30 Tap/Jazz Combo
12:30-2:00 Int/Adv Ballet <small>(open to Ballet 3 & Int Adult)</small>	12:30-1:30 Year 1 Ballet 1

SUNDAY	
	6:00-6:45 Zumba*

*Music Together with Jocelyn registration & fees are separate from VRB classes; see www.MusicTogetherWithJocelyn.com;

*Zumba classes use a special class card and are separate from regular VRB classes

** age 13+ yrs, pre/corequisite: Ballet

Virginia Regional Ballet Academy

1228 Richmond Road, Williamsburg, VA 23185

(757) 229-2553 ~ www.danceVRB.com ~ dance@danceVRB.com

Building Friendships...One class at a time.



- Ms. Adelle
- Ms. Heidi
- Ms. Cathy
- Ms. Teanna