

Dance Stars

ADAPTIVE
DANCE PROGRAM

VRBA announces a new program for
7-16 year old dancers
with Autism, Down Syndrome, and
physical disabilities.

Dance Stars Adaptive Dance Program
develops social, emotional, and
physical skills in a welcoming and
structured environment through the
discipline of dance. All classes taught
by VRBA faculty.

- ☆ Improve focus
- ☆ Sharpen listening skills
- ☆ Reinforce discipline
- ☆ Expand social abilities
- ☆ Embrace physicality
- ☆ Gain self-confidence



In this program students are given
the tools for success in school, social
skills and team building, and
continued enrichment beyond the
dance class.

An intake interview, required for all
new students, is scheduled prior to
the start of the semester.

Don't be shy! Tell us about yourself!
The information you provide helps us
ensure all students work cohesively
and enjoy the Adaptive Dance
experience.



Dance Stars Adaptive Dance Classes:

Williamsburg
Thursdays, 6:00-7:00 p.m.
Saturdays, 11:30 a.m.-12:30 p.m.

Yorktown
Saturdays, 10:30 a.m.-11:30 a.m.



*Virginia Regional
Ballet Academy*

757.229.2553 • WWW.DANCEVRB.COM

Williamsburg Shopping Center
1228 Richmond Road
Williamsburg, Virginia 23185

4839 G. Washington
Memorial Hwy
Yorktown, Virginia 23692