

2025-2026

Virginia Regional Ballet, Inc.

Performance & Roles : _____

Virginia Regional Ballet Medical Form

1. Name: _____ Date of Birth: _____

2. Allergy: _____ EpiPen? _____

3. Significant Past Medical History:

4. Do you use an Inhaler?: _____

5. Past/Ongoing Orthopedic Injury:

6. Emergency Contacts:

Please sign below to acknowledge reviewing the medical guideline form on behalf of your dancer and your family.

_____ Parent or Guardian Signature